



Farm Service Agency

United States Department of Agriculture

Farm Service Agency is an Equal Opportunity Lender, Provider and Employer

Farm Safely – Protect YOUr Investment YOUr Personal Protection

There are a number of tasks on a farm involving persons of nearly every age. Operating farm equipment and machinery is obvious and common place on the farm, along with many other tasks involving animals, chemicals, and storage areas.

Farmers and ranchers, employees, family members, and visitors can reduce the chance of personal injury and related illnesses by wearing protective equipment. The following is a quick check list for Your Personal Protection:

- ✓ Protect **YOUr VISION** with appropriate safety eyewear. Particularly safeguard **YOUr EYES** with safety glasses, goggles and face shields when applying pesticides, fertilizers, working in the shop, or in heavy dust conditions.
- ✓ Wear a wide-brimmed hat with neck protection to assist in prevention of skin cancer. Protect **YOUr SKIN** by applying sufficient sun block and be sure to wear sunglasses with UV protection when working outdoors even if on a cloudy day or during winter months.
- ✓ Protect **YOUr LUNGS** by wearing correct respiratory equipment such as dust masks, gas masks, cartridge respirators and air pacts when working in dusty or moldy storage, painting, applying chemicals, working in bins and silos, or manure storage places.
- ✓ Protect **YOUr FEET** by wearing steel-toe boots or shoes, and be sure footwear has non-slip soles, sufficient insteps and support.
- ✓ Protect **YOUr HEAD** with a hard hat when performing construction work, trimming trees, and repairing machinery. Whether you are the driver or a passenger, be sure to wear a helmet when driving or riding on an ATV.
- ✓ Wear ear plugs to protect **YOUr HEARING** when working with loud equipment such as chain saws, grain bins, tractors and loud motors.
- ✓ Remove rings and jewelry to avoid getting caught or pinched in machinery or moving parts. Protect **YOUr HANDS** when working by choosing appropriate gloves for the job identifying if insulated, rubber, waterproof, non-slip, leather, or textured non-slip gloves should be worn; and be sure gloves are the appropriate size.